

Ground Rules for Family Retreat Working Sessions

Objective: To create a safe environment for open conversation

- No personal attacks
- Arrive on time
- Equal time for speakers
- Speak briefly, time is limited
- When others speak, listen—don't prepare your remarks
- Listen with intent to understand
- Be open to others points of view; to outcome; to each person regardless of seniority
- Treat sessions as confidential
- Outside the retreat do not attribute comments to others
- Speak from your own experience
- Show up!

Adapted from Mark Gerzon, Founder and President, Mediators Foundation