

## Next Gen Activities Resource List Paired to Foundation Values

### Empowering – Share our resources

*Learn about leadership and social justice*

- Share a story with a younger cousin –
  - [Leadership picture book list](#)
- Read a book or article together.
  - [Learning for Justice](#) – Southern Poverty Law Center topical index of articles around racial justice issues
  - encourage
  - [Hidden bias quizzes](#) - test yourself for hidden bias on skin tone, disabilities, and many more
    - Companion [article](#) from Learning for Justice to start your discussion
  - [Social Justice Toolbox](#) - social justice activities and facilitation guides
  - [Girls Leadership book list](#) - can sign up for free book discussion guide for any of the books on this list
  - [Jane Addams Children's Book Award](#) - this award recognizes children's books that effectively engage children in thinking about peace, social justice, global community and equity for all people
  - [Teen Philanthropy Cafe](#) - 6 discussion guides – to start check out Leadership for a Changing World or the Path to Impact
- Watch a video together
  - [Racism Town Hall](#) (CNN & Sesame Street)
  - [Give As We Grow](#) - videos sorted by age about youth philanthropists and lessons on generosity
  - [So You Want to be a Family Foundation Board Member: Six Questions to Ask](#) (NCFP) -
  - [What is Emotional Intelligence?](#) – 5 minute animated video that explains basics of Emotional Intelligence
    - Test your Emotional Intelligence with this [facial expression quiz](#)
  - [This is Football - Episode 6](#) – documentary on Lionel Messi's football genius, but also talks about how he is a leader on the field

### Innovation – take chances on ideas

*Try something yourself*

- Pick a campaign or activity to do
  - [Youth Service America](#) - Youth Service America® supports a global culture of engaged children and youth committed to a lifetime of meaningful service, learning, and leadership. Campaigns include Global Youth Service Day and Semester of Service. Resources and trainings are offered through YSA Learning Center.
  - [Learning to Give](#) - Provides materials and support for educators, youth leaders, and families to help youth develop generosity and agency for their ongoing roles in community.
  - [Do Something](#) – online platform to join youth led social change campaigns
  - [365give](#) - 365give inspires people to create a better, happier you and a happier world by developing a daily giving habit — one person, one give, one day at a time.

- [GenerationOn](#) - generationOn provides programs, tools, and resources to engage kids and teens in service and volunteering.
- [Project Giving Kids](#) - teaches empathy and social responsibility to young people through high-quality, age-appropriate volunteer activities with nonprofit partners across the country.

## Family/Community – relationship matters

*Discover more about your family and community*

- Interview a family member that doesn't live in your house
  - [How to interview a relative guide](#)
  - [Sample questions for interviewing a family member](#)
- Interview a leader of your choice
  - Here's a [link](#) to give you some starter questions, but make sure to add in your own especially around about what makes them a leader and what it means to them
- Make a new friend
  - [E-buddies](#) – connects you with an online developmentally or intellectually disabled individual (this would be ongoing)
  - [Penpal World](#) – create a free profile and self-select a potential pen pal from profiles (parent supervision required and this would be an ongoing activity)
- Take a personality quiz and share the results
  - [National Geographic personality quizzes](#) - Discover which cute animal, Greek god, ice cream flavor, and explorer you are—and more!
    - [Discussion Guide](#)
- Research the stories behind your cousins' names

## Christianity – not about us

*Help others and deepen your mindfulness*

- Help others by watching videos or playing games
  - [UNICEF's Kid Power](#) - By playing our Kid Power Up videos, kids unlock critical support (therapeutic food packets, family meals, medical supplies and more) that UNICEF distributes to children in our global and local communities.
  - [UN World Food Programme - Free Rice Game](#) – answer questions (various categories and difficulty levels) and for each correct answer funds equivalent to the purchase of 5 grains of rice is donated UN World Food Programme (can sign in and create a group and track how others in group are doing)
  - [Games for Change](#) – organization facilitates the creation and distribution of social impact games
  - [IBM's World Community Grid](#) – sign up your computer to donate the idle cycles of its CPU to scientific research
- Guided meditation
  - [MyLife Meditation](#) (phone app) – kid picks an emoji of how they are feeling and are given a guided meditation based on it
  - [Insight Timer](#) – thousands of meditations sorted by topic, the link takes you to kids meditations – try checking out one centered around gratitude

## Stewardship – give thoughtfully

*Give thoughtfully*

- Birthday Donation
- Nonprofit Amazon charity wishlist purchase (If interested in this one, please give Dorothy significant lead time)
- Learn about Foundation’s investments with Investment Advisor

## Joy – more than obligation

*Have fun together*

- Scavenger Hunt
- Family virtual game night
- Family Talent show or magic show
- Watch a film together
  - [The Ultimate Gift](#) – full length film based on story by Jim Stovall explores the relationship between wealth and happiness
  - Ask movie lovers in family for other ideas

## Under 5 Buddy activity ideas

- Messenger calls – these don’t have to be long or structured
- Short video
  - Share a joke, knock knock jokes seemed to delight this age group
  - Introduce your BB to the people and pets in your home, encourage them to send one back to you
  - Ask your NGB some questions (e.g. activity they like, friend’s name). Write down the answers and check up on those things the next time you talk with your NGB
- A video telling a knock knock joke, introducing a family pet or sharing something that they can watch over and over again, ask a question at the end and encourage them to send you a video clip back
- Send snail mail – getting mail with their name on it is a big deal at these ages if you want to do a bit more think about including:
  - A coloring page that you started and ask for their help finishing
  - Something to keep and something to share (i.e. one sheet of stickers for buddy and one for them to share with a sibling or friend)
  - Postcard puzzle ( cut up a post card into 4 – 6 pieces or write a message on multiple cards that they have to put together to see the whole thing)
  - Scavenger hunt list or other suggested activity
- [Wonder together](#) – Do dragonflies breath fire? Why are they called “ears” of corn? Why are there so many different shapes of pasta? You can find the answers to these and many more here.
- Encourage kindness habits to self, others, and earth
- Read a book via video call – or check out [Caribu app](#)
  - [Leadership picture book list](#)

- [20 picture books about race](#)
- [11 picture books about privilege](#)
- Or a personal favorite