Next Gen Activities Resource List Paired to Foundation Values

Empowering – Share our resources

Learn about leadership and social justice

- Share a story with a younger cousin –
  - Leadership picture book list
- Read a book or article together.
  - Learning for Justice – Southern Poverty Law Center topical index of articles around racial justice issues
  - encourage
  - Hidden bias quizzes - test yourself for hidden bias on skin tone, disabilities, and many more
    o Companion article from Learning for Justice to start your discussion
  - Social Justice Toolbox - social justice activities and facilitation guides
  - Girls Leadership book list - can sign up for free book discussion guide for any of the books on this list
  - Jane Addams Children's Book Award - this award recognizes children’s books that effectively engage children in thinking about peace, social justice, global community and equity for all people
  - Teen Philanthropy Cafe - 6 discussion guides – to start check out Leadership for a Changing World or the Path to Impact
- Watch a video together
  - Racism Town Hall (CNN & Sesame Street)
  - Give As We Grow - videos sorted by age about youth philanthropists and lessons on generosity
  - So You Want to be a Family Foundation Board Member: Six Questions to Ask (NCFP)
  - What is Emotional Intelligence? – 5 minute animated video that explains basics of Emotional Intelligence
    o Test your Emotional Intelligence with this facial expression quiz
  - This is Football - Episode 6 – documentary on Lionel Messi’s football genius, but also talks about how he is a leader on the field

Innovation – take chances on ideas

Try something yourself

- Pick a campaign or activity to do
  - Youth Service America - Youth Service America® supports a global culture of engaged children and youth committed to a lifetime of meaningful service, learning, and leadership. Campaigns include Global Youth Service Day and Semester of Service. Resources and trainings are offered through YSA Learning Center.
  - Learning to Give - Provides materials and support for educators, youth leaders, and families to help youth develop generosity and agency for their ongoing roles in community.
  - Do Something – online platform to join youth led social change campaigns
  - 365give - 365give inspires people to create a better, happier you and a happier world by developing a daily giving habit — one person, one give, one day at a time.
• **GenerationOn** - generationOn provides programs, tools, and resources to engage kids and teens in service and volunteering.

• **Project Giving Kids** - teaches empathy and social responsibility to young people through high-quality, age-appropriate volunteer activities with nonprofit partners across the country.

**Family/Community – relationship matters**

*Discover more about your family and community*

• Interview a family member that doesn’t live in your house
  
  • [How to interview a relative guide](#)
  
  • [Sample questions for interviewing a family member](#)

• Interview a leader of your choice
  
  • Here’s a [link](#) to give you some starter questions, but make sure to add in your own especially around about what makes them a leader and what it means to them

• Make a new friend
  
  • **E-buddies** – connects you with an online developmentally or intellectually disabled individual (this would be ongoing)
  
  • **Penpal World** – create a free profile and self-select a potential pen pal from profiles (parent supervision required and this would be an ongoing activity)

• Take a personality quiz and share the results
  
  • [National Geographic personality quizzes](#) - Discover which cute animal, Greek god, ice cream flavor, and explorer you are—and more!
    
    • [Discussion Guide](#)

• Research the stories behind your cousins’ names

**Christianity – not about us**

*Help others and deepen your mindfulness*

• Help others by watching videos or playing games
  
  • **UNICEF’s Kid Power** - By playing our Kid Power Up videos, kids unlock critical support (therapeutic food packets, family meals, medical supplies and more) that UNICEF distributes to children in our global and local communities.
  
  • **UN World Food Programme - Free Rice Game** – answer questions (various categories and difficulty levels) and for each correct answer funds equivalent to the purchase of 5 grains of rice is donated UN World Food Programme (can sign in and create a group and track how others in group are doing)

• **Games for Change** – organization facilitates the creation and distribution of social impact games

• **IBM’s World Community Grid** – sign up your computer to donate the idle cycles of its CPU to scientific research

• Guided mediation
  
  • **MyLife Meditation** (phone app) – kid picks an emoji of how they are feeling and are given a guided mediation based on it
  
  • **Insight Timer** – thousands of meditations sorted by topic, the link takes you to kids meditations – try checking out one centered around gratitude
Stewardship – give thoughtfully

Give thoughtfully

- Birthday Donation
- Nonprofit Amazon charity wishlist purchase (If interested in this one, please give Dorothy significant lead time)
- Learn about Foundation’s investments with Investment Advisor

Joy – more than obligation

Have fun together

- Scavenger Hunt
- Family virtual game night
- Family Talent show or magic show
- Watch a film together
  - The Ultimate Gift – full length film based on story by Jim Stovall explores the relationship between wealth and happiness
  - Ask movie lovers in family for other ideas

Under 5 Buddy activity ideas

- Messenger calls – these don’t have to be long or structured
- Short video
  - Share a joke, knock knock jokes seemed to delight this age group
  - Introduce your BB to the people and pets in your home, encourage them to send one back to you
  - Ask your NGB some questions (e.g. activity they like, friend’s name). Write down the answers and check up on those things the next time you talk with your NGB
- A video telling a knock knock joke, introducing a family pet or sharing something that they can watch over and over again, ask a question at the end and encourage them to send you a video clip back
- Send snail mail – getting mail with their name on it is a big deal at these ages if you want to do a bit more think about including:
  - A coloring page that you started and ask for their help finishing
  - Something to keep and something to share (i.e. one sheet of stickers for buddy and one for them to share with a sibling or friend)
  - Postcard puzzle (cut up a post card into 4 – 6 pieces or write a message on multiple cards that they have to put together to see the whole thing)
  - Scavenger hunt list or other suggested activity
- Wonder together – Do dragonflies breath fire? Why are they called “ears” of corn? Why are there so many different shapes of pasta? You can find the answers to these and many more here.
- Encourage kindness habits to self, others, and earth
- Read a book via video call – or check out Caribu app
  - Leadership picture book list
- 20 picture books about race
- 11 picture books about privilege
- Or a personal favorite